



DON'T TELL MAMA

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RAL Difficulty Rating: Fun

Music: Track 9, CFD "Stage and Screen" CD [Ross Mitchell], available online from danceandlisten.com

(Music originally from "Cabaret")

Speed: 45 mpm (original CD slowed 8%)

Rhythm: Quickstep **Phase:** V + 1 (V6) + 2 (Running spin turn, Link to SCP)

Sequence: Intro, ABCD ABCD End

Footwork: Described for man—woman opposite (or as noted)

INTRO

1-4 WAIT 2 MEAS;; APART POINT; PICKUP TCH & FLICKER;

[**Wait 2 meas.**] (1-2) OP Man feg ptr and DLW trailing hands joined lead feet free;;

[**Apert point SS**] (3) Apt L,-, pt R,-;

[**Pickup touch & flicker QQ & Q&Q**] (4) Tog R, tch L to CP, click heels tog 2 times {on toes heels apt/heels tog, heels apt/heels tog} lead feet free;

PART A

1-5 FWD MANEUVER SD CL;; SPIN TURN OVERTURNED;; V6;;

[**Forward maneuver side close SSQQ**] (1) CP Fwd L DLW,-, fwd R comm RF trn,-; (2) fwd & sd L cont trn, cl R to CP fc RLOD, (*Bk R,-, bk L comm RF trn,-; sd R cont trn, cl L fc LOD,*)

[**Spin turn overturned SSS**] Bk L LOD pvtg RF,-; (3) Fwd R LOD cont trng RF,-, complete turn sd & bk L fc DRW,-;

[**V6 QQS SQQ**] (4) With R sd lead bk R DLC, lk LIF of R, bk R DLC,-; (5) Bk L DLC comm. LF trn,-, bk R trng LF to DLW, fwd L BJO L sd lead DLW; (*With L sd lead fwd L, lk RIB of L, fwd L,-; fwd R,-, fwd L trng LF, sd & bk R with R sd lead;*)

6-12 MANEUVER SD CL; HEEL PULL; ZIG ZAG 2 TO BK BK LOCK BK;;, RUNNING FINISH;;, CHK TO FISHTAIL;;

[**Maneuver side close SQQ**] (6) BJO Fwd R DLW comm RF trn,-, fwd & sd L cont trn, cl R to CP fc RLOD; (*Bk L comm RF trn,-; sd R cont trn, cl L fc LOD;*)

[**Heel pull SS (SQQ)**] (7) CP Bk L LOD comm. RF trn,-, cont trn on L pulling R heel twd L and chg wt to R DLC,-; (*Fwd R trng RF,-, sd L, draw R to L;*)

[**Zig zag 2 to back back lock back SSSQQS**] (8) CP Fwd L DLC comm. LF trn,-, cont trn sd R,-; (9) Bk L cont trn to BJO bkg LOD,-, bk R w/R sd lead, XLIF; (10) bk R,-, (*Bk R,-, cl L trng LF {heel trn},-; Fwd R outside ptr,-, fwd L, XRIB; Fwd L,-;*)

[**Running finish SQQ**] BJO Bk L comm. RF trn,-; (11) sd & fwd R cont trn, fwd L BJO LOD w/L sd lead, (*Fwd R comm. RF trn,-; fwd & sd L cont trn, bk R LOD w/R sd lead,*)

[**Check to fishtail S QQQQ**] BJO Fwd R trng LF & chkg,-; (12) XLIB w/RF trn progressing LOD, sml fwd & sd R, fwd L w/L sd lead, lk RIB BJO LOD;

13-24 FWD & CHK FISHTAIL;; WALK 2 FWD LOCK FWD;; MANEUVER SD CL; TIPPLE CHASSE PIVOT TO TIPSYP POINT;;LIFT & TAP 2X;V6;; FWD TO TURNING CROSS CHASSE;;

[**Forward & check to fishtail SS QQQQ**] (13) BJO Fwd L,-, fwd R trng LF & chkg,-; (14) XLIB w/RF trn progressing LOD, sml fwd & sd R, fwd L w/L sd lead, lk RIB BJO LOD;

[**Walk 2 SS**] (15) BJO Fwd L DLW,-, fwd R,-;

[**Forward lock forward QQS**] (16) BJO Fwd L w/L sd lead, lk RIB, fwd L,-;

[**Maneuver side close SQQ**] (17) Repeat meas. 6;

[**Tipple chasse pivot SQQS**] (18) CP bk L comm. RF trn,-, sd R w/L sd stretch cont trn, cl L; (19) Fwd & sd R cont trn pvt RF to fc DRW,-, (*Fwd R comm. RF trn,-, sd L w/R sd stretch, cl R; Sd & bk L cont trn pvt to fc DLC,-;*)

[**Tipsy point &S**] CP Sd L/tap R toe beh L heel/rt sd stretch,-; (*Sd R w/L sd stretch/tap L toe beh R heel and head to rt,-;*)

[**Lift & tap &S&S**] (20) W/bounce action rise on ball of L/lower causing R toe to tap floor beh L heel,-, repeat,-;

[**V6 QQS SQQ**] (21) Chg sway to R sd lead bk R DLC, lk LIF of R, bk R,-; (22) bk L,-, bk R trng LF, sd & fwd L BJO L sd lead DLW; (*Chg sway to L sd lead fwd L, lk RIB of L, fwd L,-; fwd R,-, fwd L trng LF, sd & bk R with R sd lead;*)

[**Forward to turning cross chasse SSQQS**] (23) BJO fwd R,-, fwd L,-; (24) Sd & slightly fwd R trng LF, cont slight LF trn cl L, fwd R to BJO DLC,-; (*Bk L,-, bk R,-; Bk and sd L trng LF, cont trn cl R, bk L BJO,-;*)

PART B

- 1-6 SIX QUICK TWINKLE;;QUARTER TURN AND PROGRESSIVE CHASSÉ;;; LINK TO SCP;
[**Six quick twinkle QQQQ QQ**] (1) Sd & fwd L w/L sd stretch, cl R, bk L comm. RF trn, cl R cont RF trn; (2) sd & fwd L, lk RIB of L fc LOD in BJO, (*Sd & slightly bk R with LF trn, cl L cont LF trn, fwd R BJO starting RF trn, sd L cont RF trn; bk R, lk LIF of R,*)
[**Quarter turn and Progressive chasse S SQQ SS QQ S**] BJO LOD Fwd L to CP DLW ,;-; (3) Fwd R comm trng RF,-, sd L LOD, cl R trng 1/8 fc DRW; (4) Sd & bk L,-, bk R comm LF trn,-; (5) Sd L trng ¼ DLW, cl R, sd & slt fwd L fc DLW in BJO,-; (*Bk R,-; bk L comm. RF trn,-, sd R, cl L; Sd & fwd R,-, fwd L comm. LF trn,-;sd R, cl L, sd & slightly bk R,-;*)
[**Link to SCP S-Q**] (6) Fwd R,-, brush L to R, fwd L to SCP fc LOD; (*Bk L comm. RF trn,-, brush R to L on toe of L to complete trn to SCP, fwd R in SCP;*)
- 7-10 OPEN NATURAL; OUTSIDE CHANGE TO SCP; OPEN NATURAL; OUTSIDE CHANGE TO SCP;
[**Open natural SQQ**] (7) Thru R comm RF trn,-, sd L acrs LOD to CP, cont upper body RF trn bk R to BJO with rt sd lead twd LOD; (*Fwd L,-, fwd R to CP, fwd L OP to BJO with strong lf sd lead;*)
[**Outside change to SCP SQQ**] (8) Bk L,-, bk & sd R trng LF, sd & fwd L to SCP fc LOD; (*Fwd R,-, fwd L, fwd R to SCP [look LOD on all steps];*)
[**Open natural SQQ**])9) Repeat meas. 7;
[**Outside change to SCP SQQ**] (10) Repeat Meas. 8;
{**OPTION:** Figures in meas. 7 thru 10 may be done with animation: *As Lady moves fwd LOD, Man swings across in front of her on the open natural and back across in front of her on the outside change developing a weaving action. Man will have strong L sd stretch on open naturals and strong R sd stretch on outside changes.* }
- 11-16 THRU CHASSE TO BJO;; FWD DOUBLE LOCK FWD;;;MANEUVER SD CL;;;HESITATION CHANGE 3 SLOWS;;
[**Thru chasse to BJO SQQS**] (11) Thru R,-, sd & fwd L, cl R; (12) Sd & fwd L to BJO LOD,-, (*Thru L,-, sd & fwd R in SCP, cl L, sd & bk L BJO,-;*)
[**Forward double lock forward SQQ QQS**] Fwd R,-; (13) Fwd L, lk RIB of L, fwd L, lk RIB of L; (14) Fwd L BJO fc LOD,-,
[**Maneuver side close SQQ**] Repeat meas. 6, Part A;
[**Hesitation change SSS**] Bk L trng RF,-; (16) sd R cont trn,-, draw L to R CP fc DLC;

PART C

- 1-4 CHASSE REVERSE TURN;; HITCH 4; FWD LOCK FWD;
[**Chasse reverse turn SQQ SQQ**] (1) CP Fwd L DLC comm. LF trn,-, sd R cont trn, trng cl L bkg LOD; (*Bk R comm. LF trn,-, sd L cont trn, cl R fc LOD;*) (2) Bk R LOD trng LF,-, sd L, cl R CP DLW; (2) *Fwd L trng LF,-, sd R cont trn, cl L CP bkg DLW;*)
[**Hitch 4 QQQQ**] (3) CP Fwd L, cl R, bk L, cl R;
[**Forward lock forward QQS**] (4) CP w/L sd lead fwd L to BJO, lk RIB of L, fwd L DLW,-;
- 5-8 MANEUVER SD CL; HEEL PULL; CHASSE REVERSE TURN;;
[**Maneuver side close SQQ**] (5) BJO Repeat Meas. 6, Part A;
[**Heel pull SS**] (6) CP Repeat Meas. 7, Part A;
[**Chasse reverse turn SQQ SS (SQQ SQQ)**] (7&8) CP Repeat Meas. 1 and 2;;

PART D

- 1-4 FWD MANEUVER SD CL;; SLOW IMPETUS TO SCP;; QUICK WING;
[**Forward maneuver side close SSQQ**] (1) CP Repeat Meas.1, Part A; (2) ,,
[**Slow impetus to SCP SSS**] CP Bk L,-; (3) Cl R {heel turn} trng RF,-, sd & fwd L SCP DLC,-;
[**Qk wing SQQ**] (4) Fwd R DLC,-, hold on R trng slightly LF to SCAR DLC,-; (*Fwd L moving CCW arnd M,-, fwd R, fwd L to SCAR;*)
- 5-8 CROSS SWIVEL CHECK TO BJO;; BK BK LOCK BK;; RUNNING FINISH;
[**Cross swivel to BJO SSS**] (5) Fwd L swvlg LF,-, fan R CCW keeping R toe on floor,-; (6) Ck fwd R DRC in BJO,-,
[**Back back lock back SQQS**] Bk L bkg DLW,-; (7) Bk R, Lk LIF of R, bk R,-;
[**Running finish SQQ**] (8) BJO Bk L DLW comm. RF trn,-, sd & fwd R cont trn, fwd L LOD w/L sd lead; (*Fwd R comm. RF trn,-, fwd & sd L cont trn, bk R LOD w/R sd lead;*)

9-14 MANEUVER SD CL; RUNNING SPIN TURN 4 SLOWS;; BK & RIGHT CHASSE;;; TELEMARK TO SCP
3 SLOWS;;

[**Maneuver side close SQQ**] (9) BJO Repeat Meas. 6, Part A;

[**Running spin turn SSSS**] (10) CP Bk L pvtg ½ RF,-, fwd R cont trn,-; (11) sd L con trn,-, bk R BJO bkg LOD,-; (*Fwd R pvt ½ RF,-, bk L cont trn,-; Sd R cont trn,-, fwd L to BJO feg LOD,-;*)

[**Back & right chasse DLC SQQS**] (12) BJO Bk L LOD trng RF,-, sd R in CP DLC, cl L; (13) Sd R DLC,-,

[**Telemark to SCP 3 slows SSS**] Fwd L comm. LF trn,-; (14) Sd R cont trn,-, sd & slightly fwd L to SCP DLW,-; (*Bk R,-; cl L {heel turn},-, sd & slightly fwd R,-;*)

15-18 QUICK THRU TO HIGH LINE & LEG CRAWL; RISE & CLOSE; CONTRA CHECK & RECOVER;
WALK 2;

[**Quick thru to high line & leg crawl QQS**] (15) Thru R, twd LOD sd L onto straight leg for strong up line looking over jnd lead hnds, lower on L extending R twd DRC RSCP,-; (*Thru L, fwd & sd R onto straight leg for strong up line looking over jnd lead hnds, lower on R raise L up the outside of M's R leg & look L in RSCP,-;*)

[**Rise & close SS**] (16) Rise on L to CP (R)-, cl R (L) DLW prep for contra check,-;

[**Contra check & recover SS**] (17) Lowering on R chk fwd L w/flexed knees trng upper body LF,-, rec R,-;

[**Walk 2**] (18) CP Fwd L (R)-, fwd R (L) DLW,-;

REPEAT PART A

REPEAT PART B

REPEAT PART C

REPEAT PART D

END

1-6 FWD MANEUVER SD CL;;; SLOW IMPETUS TO SCP;;; THRU FACE TCH; APART & EXPLODE;
TOGETHER TO HUG LADY FLICK;

[**Forward maneuver side close SSQQ**] **Slow impetus to SCP SSS** (1-3);; CP Repeat Part D, Meas. 1-3;;

[**Thru face touch SQQ**] (4) SCP Thru R (L)-, trn RF (LF) to fc ptr CP, tch L (R);

[**Apart & explode SS**] (5) CP Bk & sd L (R) trng LF (RF) to V-shape trailing hnds jnd,-, lead hnds circle up and out look at ptr,-;

[**Together to hug Lady flick S-Q**] (6) Sd & fwd R trng RF to tight close CP,-,hold, stretch R sd & look at ptr ; (*Sd & fwd L trng LF to tight close CP but with head R,-, hold, flick R up & behind stretching L sd to look over R shoulder;*)